

## A Time to Dance Standard Routines - Spring 2011

### Rumba

1. Basic into fan with Alemana ending
2. New York, Cucaracha, New York
3. Aida
4. Cuban rock
5. Forward Progressive Walks
6. Hand to hand
7. One walk into lady's turn (man's back step)
8. Basic into fan with alemana ending (with  $\frac{1}{4}$  turn to right)
9. Opening Outs (2x)
10. Sliding Doors (1x in open position, 1x with two hand hold)
11. Lady's spiral & rope spin
12. Hip Twist into swivels (4 slow swivels)
13. Turn into Fan
14. Lady's ronde (men's cucaracha) & walk around
15. Three alemana/Three 3s variation step