

## Quickstep:

- 1) Natural Spin Turn (SQQ, SSS)
- 2) Back Lock (QQS)
- 3) V6 (SQQ)
- 4) Quick Open Reverse Turn (SSQQ)
- 5) 4 Quick Run (SQQQQS)
- 6) Fish Tail (SQQQQS)
- 7) Running Right Turn (SQQSSSS)
- 8) Running Finishes (SQQ, SQQ, SQQ)
- 9) Natural Turn (SQQ)
- 10) Hesitation (SSS)
- 11) Double Reverse Spins (SSQQ, SSQQ)
- 12) Chasse (SQQS)
- 13) 6 Quick Run (SQQQQQQ)
- 14) Natural turn with slip pivot (SQQS)
- 15) Rumba Cross (SQQS)
- 16) Tipple Chasse (QQS)
- 17) Lock (QQS)
- 18) Natural Turn (SQQ)
- 19) Closed Impetus (SSS)
- 20) Heel Pull (SQQ)
- 21) Chasse (SQQS)
- 22) Open Impetus (SQQ)
- 23) Hops (SSSSSS)
- 24) Quick Chasse (Q&QQQ)
- 25) Outside Change (SSS)
- 26) Runs (QQQQ)
- 27) Step Hop (Q&)
- 28) Slide into Corte (S)